



HOMEMADE COCOA POPS

Ingredients

- 100g coconut oil
- 200g honey
- 100g cocoa powder
- 850g buckwheat
- 150g pack cacao nibs (you can substitute with chopped dark chocolate)

Directions

- 1. Heat oven to 180C/160C fan/gas 4. Line two large <u>baking trays</u> with baking parchment. In a large microwaveable bowl, melt the coconut oil with the honey, cocoa powder and a pinch of sea salt. Stir in the buckwheat, covering well in the chocolate mixture.
- 2. Spread the mixture onto the baking trays and bake for 15 mins, stirring halfway, then mix in the cacao nibs.

 Allow to cool before storing in a jar or airtight container. Best eaten within 1 month.

We want to see how your Homemade Cocoa Pops came out, send us your pictures! sales@icon-foods.com